G.DISPARI	**8.00**	**09.00**	**10.00**	**11.00**	**12.00**	**13.00**	**14.00**	**15.00**	**16.00**	**17.00**	**18.00**	**19.00**	**20.00**
PILATES: BASE INTERMEDIO AVANZATO		Pilates Mat AVANZATO		Pilates Mat BASE					Pilates Mat BASE		Pilates Mat AVANZATO	Pilates Mat INTERMEDIO	Pilates Mat BASE
REFORMER		REF	REF	REF		REF	REF	REF	REF	REF	REF	REF	REF
LES MILLS			SHAPES				STRENGTH	CEREMONY		CEREMONY SHAPES			CEREMONY
SALA ATTREZZI	DALLE 7.00 ALLE 21.00												

G.PARI	**8.00**	**09.00**	**10.00**	**11.00**	**12.00**	**13.00**	**14.00**	**15.00**	**16.00**	**17.00**	**18.00**	**19.00**	**20.00**
PILATES: BASE INTERMEDIO AVANZATO			Pilates Mat BASE				Pilates Mat BASE		Pilates Mat BASE		Pilates Mat INTERMEDIO		
TEC -ROOM		TEC	TEC	TEC	TEC		TEC	TEC	TEC				
REFORMER		REF	REF	REF			REF	REF	REF	REF	REF	REF	REF
LES MILLS	BALANCE						CEREMONY			CEREMONY BALANCE	CEREMONY	STRENGTH	SHAPES
SALA ATTREZZI	DALLE 7.00 ALLE 21.00												

SABATO	**09.00**	**10.00**	**11.00**	**12.00**
SALA ATTREZZI	AT	AT	AT	
REFORMER	REF	REF		
LES MILLS	BALANCE	SHAPES		